



Dr. Berg

THE KNOWLEDGE DOC™

LIVER FUNCTIONS

Helps burn fat



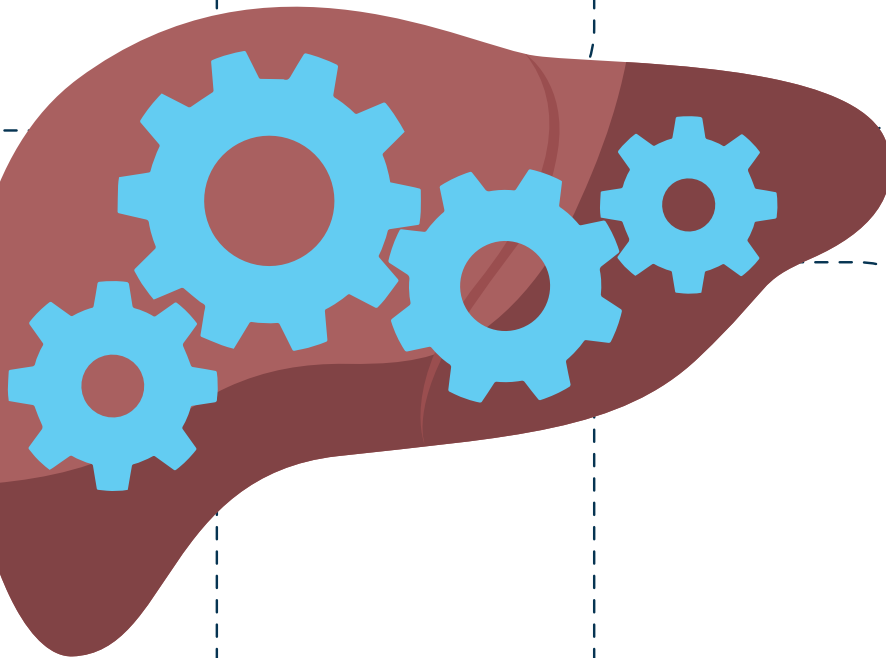
Creates insulin-like growth factor

IGF-1

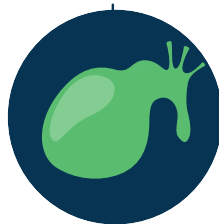
Makes glucose and stores glucose



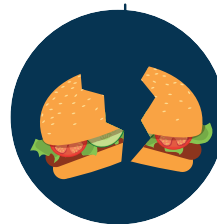
Makes ketones from fat



Makes 1000 mg of cholesterol every day



Produces bile



Breaks down proteins, fats, carbohydrates



Filters toxins, drugs, chemicals, microbes, dust, extra hormones